



## WHAT'S HAPPENING

**Out & About** is your guide for the autumn activities. Look for an exciting list of trips for active adults. If you have any suggestions, call Stu at 503-982-5266. He would love to hear from you.

**MILL END STORE** No bigger display of fabrics in America! The Mill End Store carries first quality fabrics at exception values. They started as a textile mill in 1918 manufacturing worsted wool yarn for many markets. In the early 1950's, they opened a retail outlet for the "mill ends" from the manufacturing operation. Today, they have evolved into 84,000 square feet of fabric heaven. **Tuesday, Dec. 8; 10am-3pm. \$25.** includes transportation, lunch on your own.

**MOVIE TIME** Sunday December 13th at **Woodburn Library** They will be showing on the big screen in the multipurpose room, **"Dan in Real Life"** starring Steve Carrell & Juliette Binoche. Price: **FREE!** Time: 2:00PM



**WHO'S ON THRID?** December 20th 3-4:30 pm. Students from Heritage High School bring their Christmas concert for us. There will be about 90 students bringing their Concert Choir and Select Treble Choir. It will be intermission with refreshments and a freewill offering. Woodburn United Methodist Church 700 N Cascade Dr.

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# RSVP

A bridge between those who need and those who give

Sponsored by the City of Woodburn



## Making A Difference...

While Christmas brings visions of sugar plums, presents, family, and friends, and as all other special traditions are observed, close on its heels is the dreaded tax time. In the past, seniors and lower income families were left on their own to deal with this stressful time. As far back as 1998, this problem was recognized and addressed when the first four senior volunteers were trained to prepare tax forms. Since 1980, AARP, the IRS, and senior groups around the country have formed together to provide TAX-AIDE. Tax return by tax return, Woodburn Tax-Aide volunteers assist those who need help in preparing their tax returns or who are unable to afford help to do so. Last year 537 persons were helped by these volunteers. All returns were prepared using IRS-provided software and most of the returns were e-filed. Volunteer Tax Preparers are trained using IRS materials and must pass a test each year. Training is offered in January and taxes are prepared between February and April. Volunteers are asked to donate at least 4-5 hours a week of their time. Also needed are client facilitators who make appointments by phone and act as receptions. Training is provided.

If you are interested in making a difference with this program or have questions, please call the RSVP office at 503-982-5255. Tax-Aid is a national program sponsored by AARP and the Internal Revenue Service.



RSVP

Woodburn City Hall  
270 Montgomery Street  
Woodburn, OR 97071

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*RSVP is a division of the National Senior Corp under the auspices of the Corporation for National and Community Service.*

Marion County Retired & Senior Volunteer Program



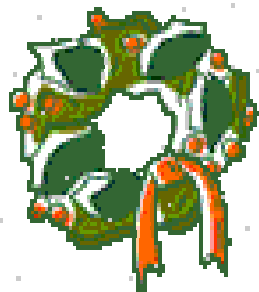
## News from North Marion Adult Center

Our computers are internet friendly. Come get an e-mail account for free to keep in touch with relatives and friends. (SALT) **Seniors & Law Together**-will be holding their monthly meetings in the Center on the 2nd Wednesday of each month at 11am. The Center has a trained SHIBA (**Senior Health Insurance Benefits** assistant) representative on our task force, Barbara Campbell. She can be reached at 503-981-3109 if you have questions about your health insurance. Seniors will be bowling at **Woodburn Lanes** on 99E in Dec. on Saturday afternoons, on the 5th and 19th. The charge is \$5. for two games plus \$1. for shoes. Come play with us. December fund raiser will be a **Fresh Baked Cookie Sale**, Friday, Dec 18th. Chemeketa Center for Learning in Retirement (CCLR) will begin their winter term Tuesday, January 5th. Cost for this year is a one time donation of \$35.



Sue Speaks Her Mind

I'd like to take this opportunity to wish you all a peaceful and joyous holiday season. Even with all the strife and conflict in the world, there still have been many positives that we just don't see in the newspapers or on TV. We seldom read about random acts of kindness, but they happen. We don't always hear about that special person helping out a neighbor just because that neighbor has no one else to do it for them. There are millions of kind acts occurring each day that just happen. No one expects to see their picture on the front page of the newspaper for doing what is part of their character makeup. But the world, as we know it, would be a very bleak place indeed without them. So, thank you for all your good deeds, and all the great work you all do. Your acts of kindness and compassion are what gives hope and helps to balance out the world. Happy Holiday and Happy New Year.



Please Help .....Home Crafters Need Yarn

**Volunteers needed: SMART** Three schools in Woodburn are in need of volunteers to help 2nd graders with reading. **Dial-a-Ride** is always in need of drivers. Volunteers use their own car to transport clients to medical appointments. Mileage reimbursement is provided. **Woodburn Visitor's Center** at the Company Stores, 3 hour shifts, Sunday-Saturday. Meet new and interesting people from all over the world. Don't forget the **North Marion Adult Center**. If you have a talent and want to share it with others, let Beverlee know. If there is somewhere you want to volunteer, let me know. I can find the match for you. There are many opportunities throughout the county. Call the RSVP office at 503-982-5255 for more information.

Volunteer Hour Report

By completing & returning this hours reporting form, you allow RSVP to be in place to help other volunteers find their niche. If you volunteer at an actual site, there is probably a timesheet. Be sure to record your hours. If there isn't a timesheet, please use this form & return it to the RSVP office by the 10th of each month. You may also email your hours to: [rsvp.woodburn@ci.woodburn.or.us](mailto:rsvp.woodburn@ci.woodburn.or.us)

Your Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Location: \_\_\_\_\_

Total Hours: \_\_\_\_\_ Month: \_\_\_\_\_ 2009

Project : \_\_\_\_\_ Supervisor's initials \_\_\_\_\_



It 's paradoxical  
that the idea of  
living a long life  
appeals to  
everyone, but the  
idea of getting old  
doesn 't appeal to  
anyone.

Andy Rooney

Community Information and Education Page

**BINGO, BINGO!** Tuesday Bingo at the Woodburn Grange Hall. Sponsored by WAASP. Doors open at 12 noon, games start at 12:30pm.



**NORTH MARION ADULT CENTER** offers a **FOOT CLINIC first Wednesday** of the month 11am-4pm \$20. Call for appointment, 503-982-4531. **CASCADE PARK FOOT CLINIC** is offered the **2nd & 4th Friday of the month.** 9am to 12 noon. \$20. Call 503-981-0033.



**AARP Driver Safety Program** December 7th & 8th 12:30-4:30pm both days. \$14.00. County Meadows Village 155 E. Evergreen, Woodburn 503-982-2221



**WOODBURN LIBRARY BOOK CLUB** Meets the second Thursday of every month at noon. You read the selected book on your own time. On the book club date, come to the library ready to talk about the characters, story, themes, and more. **DECEMBER 10:** *The Bridge of San Luis Rey* by Thornton Wilder. Its an easy way to read some great books, exercise your mind, meet fellow readers and have fun!



News From *Salemtowne*

**CENTER 50+ SALEM SENIOR CENTER** 2615 Portland Rd. NE, Salem 503-588-6303

The new center is open and filled with many exciting workshops and classes. Next time you are in Salem, stop by and check it out!

**TRIPS AHoy!!** Contact the Center travel office for a complete travel guide or call 503-588-6303. Registrations are taken Mon and Thur 11am-3pm. All trips are available to anyone 21 years or older.

**Center 50+** offers a wide variety of language & cultural, arts & crafts, workshops, fitness, music, personal enrichment. All classes are taught by professional, caring enthusiastic instructors. There is sure to be something to meet your goals. Call the Center at 503-588-6303 to get information on all activities at **Center 50+**, or come to the beautiful new center to register.

**Volunteer Opportunities** Turn that free time into helping someone else! Center 50+ thrives on volunteer power!

Look-up Center 50+ at the City of Salem web-site. You can find them under "Community Services".

**AQUATIC CENTER ACTIVITIES:** Water is such a powerful natural element. The pool and spa at the Woodburn Aquatic Center harness that power, providing an environment that is soothing and restorative, as well as just plain fun!

**Open Swim:** Monday-Friday 1-3:30pm Saturday & Sunday 1-5pm

**Lap Swim & Adult Swim:** Monday-Friday 5:30am-4pm & 6-8:30pm Saturday & Sunday 1-5pm (2 lanes open)



**ARTHRITIS AQUATIC CLASS** Tues & Thurs 9:30-10:30AM

**HIP FLEXIBILITY** Fridays 9-9:40AM

**DEEP CARDIO** Tues & Thurs 6-6:45am

**AQUAROBICS** M/W/F 8-9am and M/T/W/Th 6-7pm

**DEEP WATER FITNESS** M/W/F 8-9AM **WATER WELLNESS** M/W/F 9:15-10:15am T/Th 8-9am

Support the local **AWARE** food bank. Non-perishable food and monetary donations accepted. Drop-boxes at City Hall, Library and Senior Estates or at AWARE, 680 N. 1st Mailing address PO Box 551 Woodburn, OR 97071.



**KEIZER/SALEM AREA SENIORS CENTER** 930 Plymouth Dr. Keizer 503-390-7441

**PANCAKE Breakfast** Saturday Dec. 5th 8am. All you can eat for \$3.50 **MONDAY** Breakfast 8-10 am. We have a menu. **LUNCH** Tuesday-Friday 11:15-12:15 \$3.50 **Dance** Every Friday 9 am., the Friday Dec. 11th will be a Christmas Dress-up Dance. **Dec 13th Razzle Dazzle Christmas Show 2-4pm \$7.** **New Year's Eve Dance & Potluck** Dec 31 8:30pm. **Foot Clinic** Thur. Dec 10th & 17th by appt. 503-390-7141. Many activates thought the week, call center for details.



**SOUTH SALEM SENIORS** 6450 Fairway Salem 503-588-0748

**RUMMAGE SALE** Nov 5,6,7 9am-4pm

**PANCAKE, ETC. BREAKFAST:** Nov. 21 8-10am \$4.00

**LUNCH** Mon-Fri 12 noon All seniors welcome \$2.75. Many daily activities offered. Call Center for schedule.

